

**From: Hands-On Zoom Workshop: In Case of Emergency  
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**How to make a Cloth Face Covering - No Sew Method**

Materials needed:

- 17-20 inch square Bandana, piece of thin cotton cloth, such as a scarf, French tea towel.
- Hair elastics or rubber bands



Image of pink and white bandana, white cloth and hair elastics.

Step 1

- Be sure to use a freshly washed bandana/cloth, and wash hands.
- Fold Bandana in half.



Image of pink bandana folded in half.

### Step 2

- Fold in half again (starting from either the near or far edge).
- Optional: cut coffee filter in half lengthwise, and place between layers.



Image of pink bandana folded in half once again.

### Step 3

- Take two elastics/bands.
- Loop the ends of the bandana through the elastics.
- Elastics should be about a hands-width from each end, and about 6-7 inches apart.



- Image of pink bandana with elastics secured at each end.

#### Step 4

- Fold one end inward at the elastic, and tuck into fabric.
- Fold the other end inward.
- The final “shape” should be rectangular (approximately 7”x4”)



Image of pink bandana with both ends folded inward.

#### Final Step

- Grab each elastic with your fingers and thumbs and secure elastics around each ear. All done!
- Remove mask from the elastics.
- After use, throw it into the washing machine and dryer, on hot, to disinfect.
- Wash hands.



- Image of woman wearing finished mask.